Professional Expectations in the Workplace
Orientation Module for Students and Clinical Instructors

Fox Valley HealthCare Alliance (FVHCA)
Professional Expectations in the Workplace

This module is designed to prepare you for your clinical experience.

Videos are included. Please be sure to have your computer sound turned on.

After completing all of the modules, if you completely understand the information presented, you will need to complete the ‘FVHCA Online Orientation Modules - Confirmation of Completion’, known as Form B. Please give the completed form to your school coordinator or faculty member, not the healthcare facility. The school will retain your signed/dated form in your hard copy school file.

The orientation modules must be done annually and be current through the last date of your clinical.
While completing this module, please know YOU are responsible for understanding the information presented.

If you have any questions, please contact your instructor/school/facility for answers prior to submitting the signed form to your school.
Module Objectives

Professional Appearance
- Describe the qualities of a professional appearance and behavior of someone working in a clinical setting.

Effective Communication
- Learn the communications skills needed to be a successful clinical student or instructor.

Interacting with Patients
- Learn techniques to improve interactions with patients and team members.

Working on a Team
- Learn what it means to be a successful team member.
Remember...

When you are at the clinical site, you are always on stage and being evaluated. This is your chance to shine and be noticed by your potential future employer. Be sure to make the most of your time in the spotlight. This course will help you become a star!
How you present yourself each day is important!
Identify 10 behavior or appearance mistakes in the photo, before advancing to the next slide.

HINT: Look closely at this student’s nails and eyes. Don’t forget hair, makeup and scrubs!
Did you identify the behavior and appearance mistakes?
1. Pants too tight/short
2. Wrinkled uniform
3. Visible tattoo
4. Colored fingernail polish
5. Messy, unkempt hair
6. Cell phone in pocket
7. Multiple piercings and dangling earrings
8. Chewing gum
9. Unnatural colored hair
10. Heavy eye makeup
Professional Appearance

Not Acceptable

Acceptable
Professional Appearance

Be mindful when prepping for your patient assignment and dress appropriately. Even though you might not be taking care of patients every day, we still need to dress as if we are in patient care.

Imagine you are preparing to go to your clinical site. Before advancing to the next slide, choose the appropriate shoes and clothing you would wear.
Correct Answer:
If you chose the **blue scrubs** and **white leather athletic shoes** to wear to your clinical site, you are dressed for success!
A.I.D.E.T. is an acronym that can help you better communicate with your patients and families.

A = ACKNOWLEDGE
Greet people with a smile. Create a lasting impression as you acknowledge patients and team members.

I = INTRODUCE
Introduce yourself by name and role. Tell patients and team members how you are going to help them.

D = DURATION
Provide an estimate of how much time you will spend with an individual.

E = EXPLAIN
Explain what you will be doing. Make sure your explanations are clear and easy to understand.

T = THANK
Thank your patients and co-workers for their time and the opportunity to be with them.
**S.B.A.R.R.** is an acronym that provides a framework for communication about a patient’s condition.

<table>
<thead>
<tr>
<th>S = SITUATION</th>
<th>B = BACKGROUND</th>
<th>A = ASSESSMENT</th>
<th>R = RECOMMENDATION</th>
<th>R = REVIEW/REPEAT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Create a brief statement of the problem.</td>
<td>Give a concise overview of the situation.</td>
<td>Provide analysis and considerations of options - what you found/think.</td>
<td>Clearly state what is being requested.</td>
<td>Have the patient/colleague repeat back what was shared to confirm their understanding.</td>
</tr>
</tbody>
</table>
Ineffective Interactions with Patients

While watching this video, look for the 7 mistakes the healthcare workers are making as they interact with their patient.

Video
Ineffective Interactions with Patients

Did you identify these mistakes?

1. Did not introduce themselves to the patient!
2. Did not ask the patient her name, birthdate and what she wants to be called.
3. They are not making eye contact with the patient.
4. They are chewing gum.
5. Had a cell phone with them in the room.
6. Discussed another patient in front of this patient.
7. Did not ask clarifying questions.
EFFECTIVE Interactions with Patients

Watch this video to see examples of how to properly communicate with a patient.

Video
EFFECTIVE Interactions with Patients

In this video, the healthcare workers:

1. Introduced themselves to the patient.
2. Asked the patient to provide her first and last name and birthdate.
3. Asked the patient what she wants to be called.
4. Maintained good eye contact.
5. Asked clarifying questions.
6. Answered the patient’s questions.
7. Not chewing gum.
Tips for Working Effectively on a High Performing Team

✓ Follow the National Academy of Medicine’s standards: Honesty, Discipline, Creativity, Humility and Curiosity.
✓ Be prepared, competent, dependable and on-time.
✓ Enthusiastically take advantage of all learning opportunities.
✓ Always do more than is expected of you, while working within your scope of practice.
✓ Be open to feedback and take ownership.
✓ Be willing to assist staff.
✓ Ask questions if you don’t understand - we want you to learn while you are here!
Summary

Dress and act in a professional manner.

Be an effective communicator.
Remember the acronyms A.I.D.E.T. and S.B.A.R.R. as you interact with patients and team members.

Be professional in your interactions with patients.

Focus on being a positive and successful member of the team.
Professional Expectations in the Workplace

We covered a lot of material. Because of your hard work in completing this course, you are better prepared to learning in your clinical setting!

If you have ANY questions about this module or any of the other modules, please contact your instructor/school for answers prior to submitting your signed form. You won’t be able to do clinical until all paperwork is approved by the clinical site.
Thank You for doing all you can to ensure you have a great clinical experience. We are excited to help you learn!